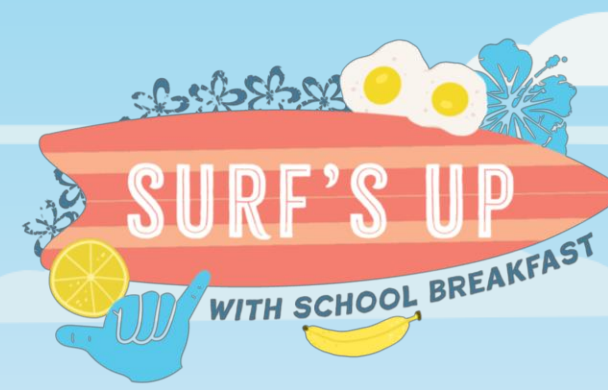


MARCH

K-12 Breakfast and Lunch Menu



San Antonio

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Offered Daily

At Breakfast

- Assorted Fresh Fruit
- FF Milk / 1% Milk
- Whole Grains
- Assorted Cereal & Cracker Pack

At Lunch

- Colorful Vegetables
- Assorted Fresh Fruit
- FF Milk & 1% Milk

Notice About Menu Changes:

Although we strive to serve the scheduled menu, the menu may change without prior notice based on product availability.

This institution is an equal opportunity provider.

Did you know?
Breakfast and Lunch
is FREE for ALL IDEA
Students

NATIONAL SCHOOL BREAKFAST WEEK

MARCH 4-8

1 **BREAKFAST**
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

8

NO SCHOOL

15

NO SCHOOL

22

BREAKFAST
Turkey Ham and Cheddar Breakfast Croissant

LUNCH
Beef Nachos or Plant Protein Nachos
Mini Shredded Romaine Tomato Salad
Refried Beans

29

NO SCHOOL

4 **BREAKFAST**

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

11

NO SCHOOL

18

BREAKFAST

Bagel Breakfast Pizza

LUNCH

Crispy Chicken Sandwich or Crispy Fish
Sandwich or Spicy Crispy Chicken Sandwich
Crinkle Cut Fries
Deluxe Deli Salad

25

BREAKFAST

Snack'n Waffles

LUNCH

Crispy Baked Chicken
Warm Dinner Roll
Homestyle Mustard Greens
Rustic Mashed Potatoes w/Gravy

5

BREAKFAST

Surf's Up Smoothie Bowl

LUNCH

Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

12

NO SCHOOL

19

BREAKFAST

Chorizo, Potato & Bean Burrito

LUNCH

Mesquite Chicken Drumstick
Corn Tortillas
Lentils Charros
Red Skin Potato Salad

26

BREAKFAST

Cheesy Ham & Egg Bars w/Waffle Flatbread

LUNCH

Chicken Enchilada Foldovers
Charro Beans
Spiced Sweet Potato

6

BREAKFAST

Arroz con Leche
(Sweet Rice Pudding)

LUNCH

Eggs & Greens & Ham w/
French Toast Sticks
Warm Cinnamon Oatmeal
Potato Smiles
Roasted Cherry Tomatoes

13

NO SCHOOL

20

BREAKFAST

Peaches & Cream Overnight Oats

LUNCH

Meatball Sub
Homemade Marinara Sauce
Veggie Ranch Cup

27

BREAKFAST

Sausage Biscuit
Warm Biscuits

LUNCH

Shredded Pork Torta
Guacamole
Mini Shredded Romaine Tomato Salad

7

BREAKFAST

Pig in a Blanket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots

14

NO SCHOOL

21

BREAKFAST

Pancake On a Stick

LUNCH

Island Blossom Chicken Bowl
Sesame Cucumber
Umami Broccoli

28

BREAKFAST

Ham & Cheese Omelet Pocket

LUNCH

Creamy Chicken Alfredo w/Garlic Breadstick
Pesto Cauliflower
Seasoned Carrots